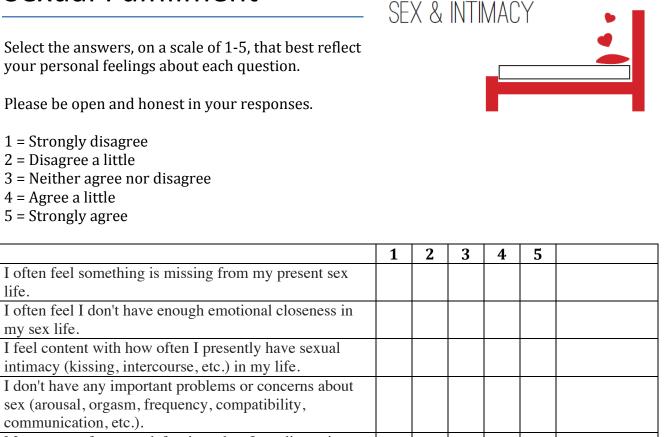
## Sexual Fulfillment

SEX & INTIMACY

Select the answers, on a scale of 1-5, that best reflect your personal feelings about each question.

Please be open and honest in your responses.

- 1 = Strongly disagree
- 2 = Disagree a little
- 3 = Neither agree nor disagree
- 4 = Agree a little
- 5 = Strongly agree



life.			
I often feel I don't have enough emotional closeness in			
my sex life.			
I feel content with how often I presently have sexual			
intimacy (kissing, intercourse, etc.) in my life.			
I don't have any important problems or concerns about			
sex (arousal, orgasm, frequency, compatibility,			
communication, etc.).			
My partner often gets defensive when I try discussing			
sex.			
My partner and I do not discuss sex openly enough with			
each other, or do not discuss sex often enough.			
I usually feel completely comfortable discussing sex			
whenever my partner wants to.			
I have no difficulty talking about my deepest feelings			
and emotions when my partner wants me to.			
I feel content with the way my present sex life is.			
My partner has no difficulty talking about their deepest			
feelings and emotions when I want them to.			
I often feel that my partner and I are not sexually			
compatible enough.			
I often feel my partner isn't sensitive or aware enough			
about my sexual likes and desires			
I often feel that my partner's beliefs and attitudes about			
sex are too different from mine			
I'm worried that my partner will become frustrated with			
my sexual difficulties.			
I sometimes think my partner and I are mismatched in			
needs and desires concerning sexual intimacy.			
I sometimes feel that my partner and I might not be			
physically attracted to each other enough.			

I sometimes think my partner and I are mismatched in						İ		
our sexual styles and preferences.						l		
I'm worried that my partner will become frustrated with								
my sexual difficulties.						l		
I'm worried that my sexual difficulties will adversely								
affect my relationship.						l		
I'm worried that my partner may have an affair because						l		
of my sexual difficulties OR I'm worried my partner						l		
may continue to be unfaithful because of our sex life								
I'm worried that my partner is sexually unfulfilled.						l		
I feel like I've disappointed my partner by having sexual						l		
difficulties.								
My sexual difficulties are frustrating me						l		
My sexual difficulties make me feel sexually								
unfulfilled.						l		
I'm worried that my sexual difficulties might cause								
me to seek fulfillment outside my relationship.						l		
I'm so distressed about my sexual difficulties that it						l		
affects the way I feel about myself.						l		
I'm so distressed about my sexual difficulties that it								
affects my own well being.						l		
My sexual difficulties annoy and anger me.								
Please indicate which, if any, of the following sexual cond	erns y	you aı	e cur	rently	exper	iencing:		
☐ Pain during sex								
☐ Lack of interest or low sex drive								
☐ Difficulty achieving orgasm	☐ Difficulty achieving orgasm							
☐ Insufficient lubrication								
☐ Lack of information about sex								
□ Vaginal tightness or difficulty with penetration								
☐ Frequency (too often)								
☐ Frequency (not often enough)								
☐ Fear, panic or anxiety while engaging in or thinking about sex								
$\square$ None of the above								
Overall, how satisfactory or unsatisfactory is your present	cev li	fe?						
□ Not at all	SCA II							
□ Not Very								
☐ Its ok								
☐ Very Satisfied								
☐ Completely Satisfied								

A. Nee	ed for sexual	fulfillment:	Indicate how n	nuch you nee	d sexual fulfi	llment by		
circlin	g the appropri	iate number.						
0	1	2	3	4	5	6		
I have	e no need	I ha	ve moderate ne	ed	I have a gr	eat need		
How o	ften would yo	u like your sj	pouse to engage	in sexual rela	tions with yo	ou?		
	times eac	h day / w	eek / month	(circle one).				
above, a. Ver b. Nei c. Son	-	nake you feel or unhappy. opy	n sexual relation (circle the appr		•	indicated		
<b>B. Evaluation of sexual relations with your spouse</b> : Indicate your satisfaction with your spouse's sexual relations with you by circling the appropriate number.								
-3	-2	-1	0 1		2	3		
Extren	nely Dissatisfi	ed	Neither		Extremely	Satisfied		
a. all the b. not c. all the	ne sex I need, a enough sex, bu ne sex I need, b	and I like the ut when he/s out it is not tl	opropriate letter way he/she doe he does it, it is t he way I like it. do have sex it is	es it. he way I like i				
Explai marria		need for sea	xual fulfillment	could be be	tter satisfied	d in your		