Client Feedback

1. What main points did we reach in our last session? What did you learn from last session? Did anything come to mind in the past week about our last session that you'd like me to know or that you'd like to discuss?

2. Were you uncomfortable about anything we talked about in our last session? Is there anything you wish we had discussed that we didn't?

3. How is your mood? (How is your physical health?) Compared with last week, is it better or worse?

4. What problems would you like to put on the agenda?

5. What homework did you attempt or complete for last session? What did you learn from doing it?

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