

# The Infidelity Recovery Institute

## **Three Types of Communication Issues**

Excerpted from *Straight Talk:*

*A New way to get closer to others by saying what you really mean*

By Sherod Miller, Ph.D., Daniel Wackman, Ph.D.,  
Elam Nunnally, Ph.D., and Carol Saline

<b>Topic Issues:</b>	<b>Personal Issues:</b>	<b>Relationship Issues:</b>
housing	self-esteem	sex
friends	identity	trust
career	values	jealousy
money	energy	affection
children	responsibility	commitment
leisure	success	decision-making
contraception	appearance	control
drugs	goals	communication
work	habits	boundaries
clothes	health	closeness/distance
time	recognition	cooperation